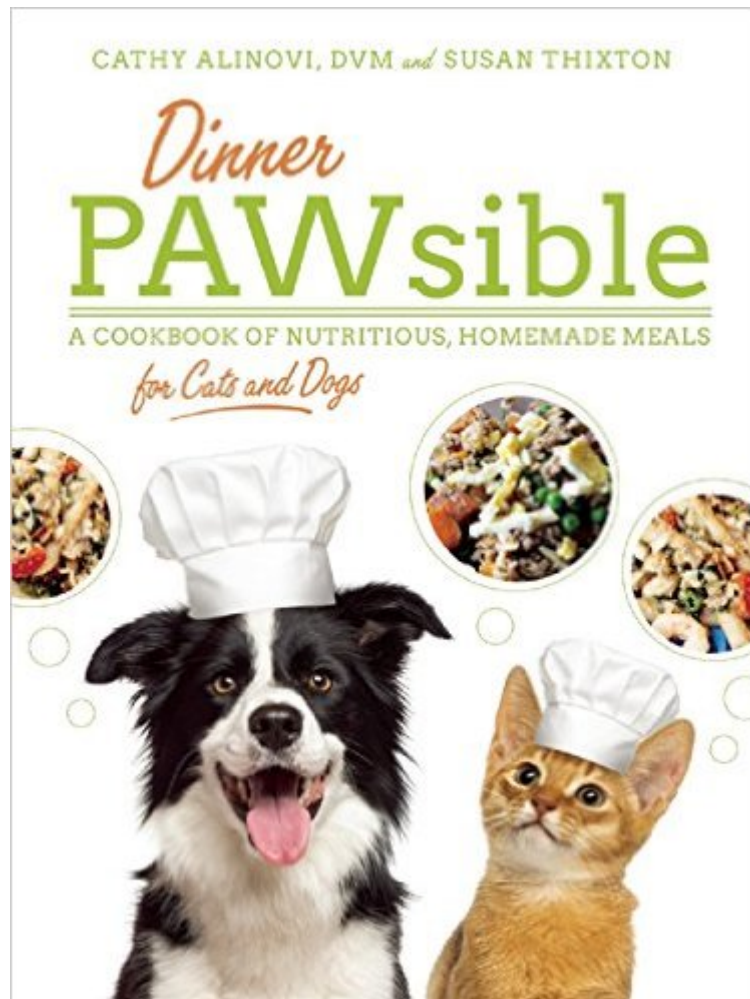


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# Dinner PAWsible: A Cookbook Of Nutritious, Homemade Meals For Cats And Dogs



## Synopsis

There's a reason why pets beg at the table; they want real food! Not the kibble manufactured by pet food companies, transformed beyond recognition, drained of natural nutrients, and a far cry from fresh meat, vegetables, and grain. If we as human beings are so dedicated to preparing healthy, homemade meals for ourselves in the comfort and safety of our own kitchens, shouldn't we be doing the same for our beloved pets? Dinner PAWsible is a collection of more than fifty cat and dog food recipes that will teach you how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research Council requirements for dogs and cats. Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It's time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by balancing your pet's diet and pleasing its palate. Cooking for your pet is paws-ible!

## Book Information

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## Customer Reviews

My issue with this book is that you have to have the income of a veterinarian to buy the ingredients. Asparagus, oysters, shrimp, duck, salmon especially for the cats but even in half the dog recipes. Because of the need to balance nutrients you can not safely substitute ingredients within a recipe which further cuts back on the number of useable recipes when an animal is allergic to an ingredient

(milk, wheat, eggs, etc) . I also was hoping for more in bulk recipes that could be frozen. Yes, you can multiply these but be aware these are big complicated recipes. If you don't love to cook and have a lot of time to spend doing it, this book is not for you.

Same review as for the original Dinner Pawsible, except this new version has an index. Sadly, the index does NOT list alternative food-sources for nutrients for those of us who have to think outside the box. For example, the first page I turned to when I got this new version was the index looking for a food source of zinc that my cats will accept, and it's not spinach. I saw nothing - just zucchini. Very disappointed. Why would I buy the second one? Only because I was able to preorder it for \$10 and I had high hopes that the improvements would be there. I want to add, however, that I was brought to these books by joining Petsumer Reports, which I highly recommend for anyone who loves and feed animals. Susan Thixton has a tough job dealing with corrupt pet food companies (which is most of them) and the AAFCO, which does not truly oversee quality, and I got one heck of an education for a mere \$18. for a year. Please support her important work that is solely consumer funded because it's for our animal companions' food quality. Poisoned Pets is another good source of what's really in the pet food, and it's scary! Before the Purina Beneful dog food deaths, Susan's consumer-funded tests had already published the information on the multiple myotoxins linked to these preventable deaths. And it goes on - consumers need to stop blindly trusting companies based on pretty packaging and dyes. I'm grateful that she does this difficult job, and it takes all of us to finally make changes in the pet food industry. (Google Jerry's Story/rendering plants if you want a little preview - true story.)

After reading this book, I started to cook for my cats. They eat now homemade healthy nutritious food, and I know that I am doing all I can to keep them healthy and long living. I cook the portions for a week and more, freeze them, so it doesn't take much time to do so, and the actual cooking process doesn't really take much time either. I mean, how much of your time would take the chicken or fish boiling? None - you can keep doing other things, then cooling, and what really takes your participation is removing the meat from bones, putting it through the food processor - I usually freeze the portions of the meat at this point. when I am ready to mix the dinner, I unfreeze as many as I need, mix with the required supplies, add what is plan for this meal, and it's ready - 10-15 minutes, no more in the case I do more than one day amount of food. If it's a week or two supply, I freeze what is more than for 3 days.

Not bad, but most of the recipes seem to consist of 2 cups of cooked rice or pasta, a cup of veggies, and only 1/4 or 1/2 cup of cooked meat. Coming from a raw and grain-free diet, this feels really weird. I'm not sure about the claims of homemade food being healthy as ingredients like oysters can be crazy expensive. Most recipes call for eggs or poultry or both. My dog is allergic to these along with sweet potatoes and barley so I would be making substitutions all over the place trying to follow these recipes. I was told I could just substitute anything with anything, which makes me wonder how these recipes could be considered nutritionally complete. Loads of totally unverified claims about organic food being healthier.

Excellent advice on feeding your pets to keep them as healthy as possible. Especially helpful information on the difference between feed grade and food grade when it comes to buying from big pet food manufacturers.

Just received the book. Recipes appear to be easy to prepare with obtainable ingredients. My only negative comment is that Pork is NOT included as a source of protein. Shrimp and duck are included but why not a much easier and less expensive obtainable protein source like Pork.

I have found this book very useful. I was initially drawn to it via Susan Thixton's website. The book is easy to follow. My dog definitely enjoys the food. The reason for 4 stars and the only drawback for me so far is the conversion table. The recipes are written in dry measures. The chart converts the measures to weights which is confusing to me. A cup of beef does not weigh the same as a cup of peas. I have measured and then weighed the common ingredients and keep my own chart.

I have 4 dogs and every one of them loves the meals I make for them! Goodbye to mass produced GMO-laden, factory dog food. This book also includes recipes for cats. Once you get the hang of it it's so easy. I put all the ingredients in an old crockpot and it cooks itself. Easy easy easy and don't have to make separate stops for their food anymore!! just buy for them when I'm buying groceries. I like knowing what I'm feeding them. Look up 'dog food truth', you'll never want to give your precious babies anything made by pet food manufacturers again!

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